

	DILLUNS	DIMARTS	DIMECRES	DIJOURS	DIVENDRES		DISSABTE	DIUMENGE
08:30 - 9:20		SPINNING VIRTUAL SP		SPINNING VIRTUAL SP		09:45 - 10:35	SPINNING VIRTUAL SP	
09:30 - 10:20	SPINNING VIRTUAL SP	SPINNING VIRTUAL SP				10:45 - 11:35	SPINNING VIRTUAL SP	SPINNING VIRTUAL SP
10:30 - 11:20				SPINNING VIRTUAL SP	SPINNING VIRTUAL SP	11:45 - 12:35	SPINNING VIRTUAL SP	SPINNING VIRTUAL SP
11:30 - 12:20	SPINNING VIRTUAL SP	SPINNING VIRTUAL SP	SPINNING VIRTUAL SP	SPINNING VIRTUAL SP	SPINNING VIRTUAL SP			
12:30 - 13:20		SPINNING VIRTUAL SP				16:30 - 17:20	SPINNING VIRTUAL SP	
13:30 - 14:20	SPINNING VIRTUAL SP		SPINNING VIRTUAL SP			17:30 - 18:20	SPINNING VIRTUAL SP	
14:00 - 14:50		SPINNING VIRTUAL SP		SPINNING VIRTUAL SP	SPINNING VIRTUAL SP	18:30 - 19:20	SPINNING VIRTUAL SP	
15:30 - 16:20	SPINNING VIRTUAL SP		SPINNING VIRTUAL SP		SPINNING VIRTUAL SP			
17:00 - 17:50		SPINNING VIRTUAL SP		SPINNING VIRTUAL SP				
17:30 - 18:20	SPINNING VIRTUAL SP		SPINNING VIRTUAL SP					
18:30 - 19:20	SPINNING VIRTUAL SP		SPINNING VIRTUAL SP		SPINNING VIRTUAL SP			
19:30 - 20:20		SPINNING VIRTUAL SP		SPINNING VIRTUAL SP				
20:30 - 21:20	SPINNING VIRTUAL SP		SPINNING VIRTUAL SP					

	DILLUNS	DIMARTS	DIMECRES	DIJOURS	DIVENDRES
15:30 - 16:20	SPINNING VIRTUAL SP		SPINNING VIRTUAL SP		SPINNING VIRTUAL SP
17:00 - 17:50	SPINNING VIRTUAL SP				
17:30 - 18:20		SPINNING VIRTUAL SP	SPINNING VIRTUAL SP	SPINNING VIRTUAL SP	SPINNING VIRTUAL SP
18:00 - 18:50	SPINNING VIRTUAL SP				
18:30 - 19:20			SPINNING VIRTUAL SP		SPINNING VIRTUAL SP
19:30 - 20:20					SPINNING VIRTUAL SP
20:30 - 21:20		SPINNING VIRTUAL SP		SPINNING VIRTUAL SP	SPINNING VIRTUAL SP